Appendix A

Structural Shrubs & Wood Perennials

These provide the permanent structural backbone, anchoring the garden with all-season texture and architectural lines.



Example Species:



Lavender (English Lavender**):** Thrives in poor, sandy soil. Rich soil actually makes it leggy and limits its fragrant blooms.



Rosemary (Salvia rosmarinus**):** Hates "wet feet" and handles harsh winter dampness far better in a fast-draining sand matrix.



Rockrose (Cistus): Tough, sun-loving Mediterranean shrubs that thrive in poor coastal soils and rocky ground.



Jerusalem Sage (Phlomis fruticosa): Features striking, woolly silver-green leaves and tiered whorls of architectural yellow flowers.

Flowering Perennials

These bring vibrant colour and support local pollinators throughout the summer while driving deep roots into the subsoil.












Example Species:



Sea Hollies (Eryngium**):** Striking, structural plants with metallic blue, thistle-like flowers that love sandy and gravelly environments.



Russian Sage (Salvia 'Blue Spire'**):** Produces an airy haze of lavender-blue flower spikes that last from midsummer into autumn.



Coneflowers (Echinacea purpurea**):** Very happy in sandy soil. Their roots live longer here than in heavy clay beds where they are prone to rotting.



Yarrow (Achillea): Flat-headed, clustered flowers that are excellent for pollinators and thrive in lean, baking hot spaces.

Ornamental Grasses

Grasses add vital motion, catches the sunlight, and keeps the landscape visually interesting during winter months.



Example Species:



Mexican Feather Grass (Stipa tenuissima): Stays beautifully compact and upright in poor, sharp-draining sand rather than turning messy and floppy.



Golden Oat Grass (Stipa gigantea): Shoots up open, shimmering veils of seedheads that catch the low sun without blocking the view behind them.

Ground Cover & Creeping Carpets

These form dense, low-growing mats that hug the sand surface, suppressing opportunistic weeds and insulating the root zone.












Example Species:



Creeping Thyme (Thymus): A fragrant, tight mat of tiny leaves that resists drought completely and blooms with dense blankets of flowers.



Stonecrop (Sedum**):** Succulent ground covers that store water in their fleshy leaves, thriving effortlessly on zero nutrients